

## Our Mission and Vision

Our mission is to provide a supported workplace for individuals of *all* abilities.

Individuals with intellectual and developmental disabilities will have access to meaningful employment with appropriate support, a connection to the community, and a sense of purpose and belonging.



## Rae's Café Hours & Location

Open for Breakfast & Lunch  
Monday – Friday, 7am to 1pm

Edwardsville YMCA Meyer Center  
(near the Skate Center)  
7348 Goshen Road  
Edwardsville, IL 62025

*\*You do NOT need to be a YMCA member to visit Rae's Café*



Follow us online.



## Daily Specials



### MONDAY

Rae's Slider..... (\$2.50)  
*3 oz. seasoned grilled beef patty served with lettuce and sweet tomato on Brioche bun*

### TUESDAY

Cuban Wrap..... (\$5.99)  
*Sliced ham, pork, Swiss cheese, Kosher dill pickle, spicy mustard served warm in a grilled 10-inch flour tortilla*  
Half Wrap (\$3.99)

### WEDNESDAY

Chicken Caesar Salad Wrap..... (\$5.99)  
*Chicken, Romaine lettuce, tomatoes, croutons and Parmesan cheese served cold in a 10-inch flour tortilla*  
Half Wrap (\$3.99)

### THURSDAY

Grilled Turkey Avocado Panini..... (\$8.49)  
*Oven roasted turkey, baby spinach, sliced red onion, avocado slices, goat cheese and spicy mustard dressing on rustic artisan bread and grilled*  
Half Panini (\$4.99)

### FRIDAY

Rae's Slider..... (\$2.50)  
*3 oz. seasoned grilled beef patty served with lettuce and sweet tomato on Brioche bun*

## Welcome to Rae's Café

Our food is made fresh daily from homemade ingredients and served to you with kindness and gratitude. We're thankful for your support!

Food ordered at our counter is ready in just a few minutes. However, if you need your order to be ready *on-the-go*, just call us to place your order 15-20 minutes before you arrive. Allow extra time for large orders (you can even call a day ahead). We'll have it ready when you get here!

**Call 618-484-6114**

## All-Day Breakfast & Lunch



Rae's Loaded Breakfast Burrito..... **\$5.99**

Eggs, hash browns, sausage, cheddar cheese, tomatoes, onions and jalapeños served warm in a 10-inch flour tortilla with Salsa on the side

Rae's Carb-Friendly Breakfast Burrito.. **\$5.49**

Eggs, sausage, cheddar cheese, tomatoes, onions and jalapeños served warm in an 8-inch low-carb flour tortilla with Salsa on the side

Caesar Salad..... **\$5.99**

Romaine lettuce, tomatoes, croutons topped with Parmesan cheese. Served with Caesar dressing

Entree Size

**\$3.99**

Side Salad

Vegan Kale Quinoa Salad..... **\$7.99**

Chopped kale, multi-color quinoa, chopped dates, chopped red onions, sunflower seeds and sunbutter dressing

Chopped Salad..... **\$5.99**

Romaine, spring mix lettuce with tomatoes, cucumbers, chopped artichokes and croutons plus choice of homemade dressing

Entree Size

**\$3.99**

Side Salad

### Rae's Homemade Dressings

- Buttermilk Ranch •
- Olive Oil & Parmesan •
- Creamy Garlic •
- Spicy Cuban Dressing •
- Strawberry-Basil Vinaigrette •

## Snacks



Chips..... **\$1.00**

Plain, BBQ, Sour Cream & Onion, Salt & Vinegar

White Cheddar Cheese Popcorn..... **\$1.00**

## Sweet Treats



Gluten-Free  
Choc. Chip Banana Mini Muffin..... **\$.75**

Gluten-Free Energy Bites..... **\$.99**

Contains: oats, honey, sun butter, chocolate chips, chia seed, vanilla

Rae's Super Size  
Chocolate Chip Cookie..... **\$3.00**

## Hot Drinks



Coffee..... **\$2.00**

12 oz.

**\$2.50**

16 oz.

Hot Tea..... **\$2.00**

English Breakfast, Decaf English Breakfast, Assam Black Tea, Earl Grey, Lemon and Orange Tea, Green Tea with Jasmine, Organic Peppermint, Organic Chamomile

## Frozen Drinks



Strawberry Smoothie..... **\$3.00**

Mocha Frappé..... **\$3.00**

## Bottled Drinks



Orange Juice..... **\$2.00**

Bottled Water..... **\$1.00**

Gatorade (Lemon-Lime, Cool Blue)..... **\$3.00**

Gatorade Zero (Cool Blue, Fruit Punch, Orange)... **\$3.00**

Iced Tea (sweet or unsweet)..... **\$2.00**

## Canned Drinks



Soda..... **\$1.25**

Pepsi, Diet Pepsi, Mt. Dew, Coca-Cola, Diet Coke, Sprite, Dr. Pepper, Root Beer

## Rae's Kids Menu



Cheese Quesadilla..... **\$3.00**

Cheddar cheese served warm in a grilled 10-inch flour tortilla

**\$4.00**

with Turkey

Sunshine Sammy..... **\$3.00**

Nut-free sunbutter and grape jelly on white bread with or without crust